Show all work and circle/box your final answer. All answers must be simplified unless stated otherwise.

1. Find the absolute extrema of $f(x) = x^2 - 2x$ on [0,3]

2. Find all numbers c that satisfy the conclusion of the Mean Value Theorem for $f(x) = x^2 + 2x + 1$ on the interval [0,1].

Hint/Reminder: The conclusion of MVT states $f'(c) = \frac{f(b) - f(a)}{b - a}$